

TYPICAL JC DAY AT OUTPOST SUMMER CAMPS

About 8:00 - Morning Van Route

1. Get ready for the Van to pick you up. Make sure you have your camp shirt, water bottle, sunscreen, and enthusiasm
2. Greet Campers as they enter the van
3. Play car games, I Spy, Shark Attack, License plate, etc.
4. Give some thoughts to the day's activities.



About 9:00 - Arrive at the park

1. The campers leave by the side door. As the JC you will walk you entire van to the logs. Make sure to keep the campers close to you
2. Talk to them about what they are excited for during that day.
3. Watch out for campers who try to use the restroom, make sure they have a buddy and a counselor with them

9:15am – Morning Campfire

1. Sit with your campers and SC on the logs, sitting as a group.
2. Announcements, Songs, Stories, etc.
3. Flag salute - all rise. "Hats off ... Glasses upside down."
4. Dismissal. Grab your groups crate, make sure no lunches have fallen out help your group sit in a circle. Put on sunscreen, begin a small group game
5. The SC will go to the Attendance meeting – play a few games, take your group to the bathroom, make sure they have sunscreen on!

9:45 - 3:30 Day Camp Program

Mystery Blocks, Nature, Swimming/Pool, and other special activities are all done according to schedule; other activities are worked out by the Counselor and are scheduled around the main program (including lunch). The Senior Counselor will get a weekly schedule and plan for most of the week's activities. **Key Components of each JC's day:**

- **Water bottles-** staying hydrated is extremely important. You will make sure that all campers drink plenty of water (and yourself)
- **Small Group Games & Transitions-** Time to use your creativity. Walking to the forts should not be a bore. You're group could fly, hop, sneak, or more? What creative game or activity will you make for your group
- **Fort-** this is a special time for you to bond and create friendship within your group. What kind of amazing place can you make your fort become, a secret fortress, mall, or even a golf course?
- **Lunch-** Help campers eat lunch, get to know them, make sure they eat all of their main part of the lunch, not just the cookies. After lunch campers will reapply sunscreen.
- **Pool-** At pool your Senior Counselor will drop off your group. Have your group sit in a circle, hand out swim buckets, hand out swimsuits, and start a seated game. When your SC arrives walk to the changing in an Oreo cookie (check for shoes or socks that have fallen). Campers shower off before pool. Make sure guards are on duty. Play games, swim laps with campers, and more. After pool take swimsuits to swim lines, make sure to place on the correct swim line!

3:30 Afternoon Campfire

Counselors bring their groups up front to "report" on the day's activities. This is the time we sing songs and have skits, stories and challenges. Support each other and cheer loudly! Make up new skits daily!

3:50 - 4:00 Van Departure

1. Gather your van route campers near the logs help SC walk campers over to the vans (some campers will want to use the restroom, make sure your SC knows where you and all campers are at all times).
2. In the van help campers into seat and seatbelts (campers like to play games and sometimes answer "here" for those not on the van).
3. The van ride home is how the campers finish the day; your goal is to make it a fun time! Play more van games, sing songs, ask each camper about their day.



End of Day